In•cog•neat•oh!

some folks pause

to lend a hand

without the need

for marching bands

they know just how

to do what’s good

while riding through

the neighbourhood

they come and go

in many forms

and specialize

in calming storms

they don’t ask questions

or tell you lies

don’t try to fix

tears in your eyes

they help you if

and when they can

by trying to make

things better than

and oh! guess what?

they could be you or i

playing angels

in disguise